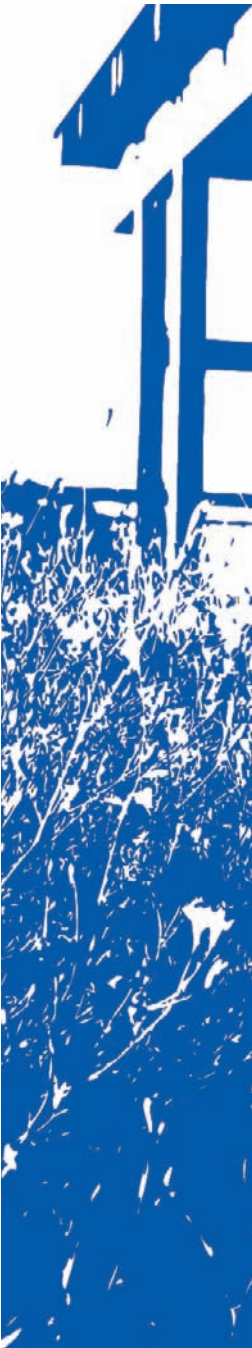


Summer Internship 2007



**Water  
Management  
Strategies:**  
**A case study  
based exploration  
of local projects**

Matt Martenson, Intern  
in collaboration with  
Jonathan Morley & Rachael Meyer

**The Berger Partnership PS**  
Landscape Architecture

1721 8th Avenue N  
Seattle, WA 98109  
v 206.325.6877  
f 206.323.6867  
bergerpartnership.com



# **Water Management Strategies:**

A case study based exploration of local projects

Matt Martenson  
in collaboration with  
Jonathan Morley  
Rachael Meyer

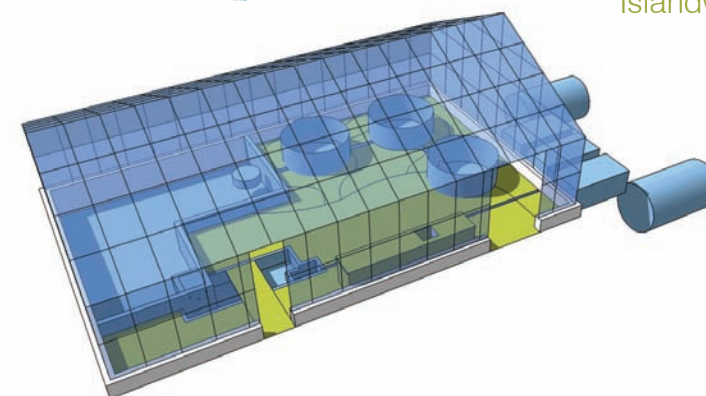
2007



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The Berger Partnership Project List

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### ➤ **Stormwater Planter**

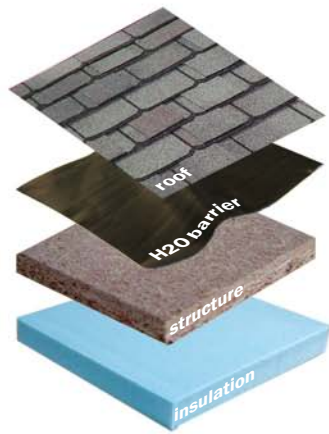
Denny Park Apartments

### ➤ **Living Machine**

Islandwood

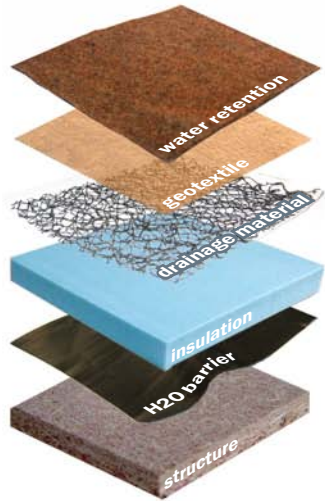


## Typical non-green roof



**benefits:** inexpensive

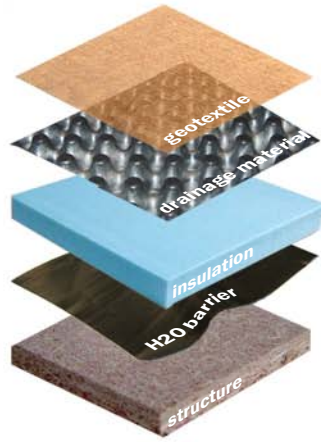
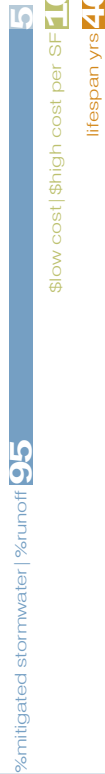
## Thin-Extensive green roof <3"



**benefits:** increased: biodiversity options, stormwater management capacity  
**reduced:** heating and cooling costs, heat island effect, no irrigation required

**design considerations:** structural loading, exposure

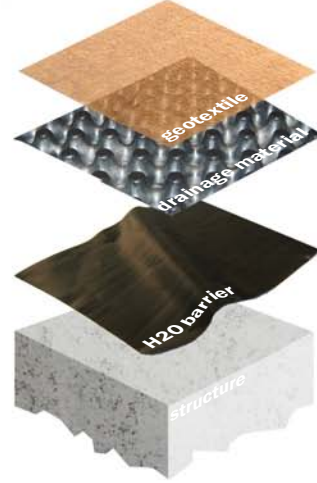
## Extensive green roof 3-6"



**benefits:** increased: biodiversity options, stormwater management capacity  
**reduced:** heating and cooling costs, heat island effect

**design considerations:** structural loading, high impact from predatory birds, exposure, structural loading, irrigation may be necessary

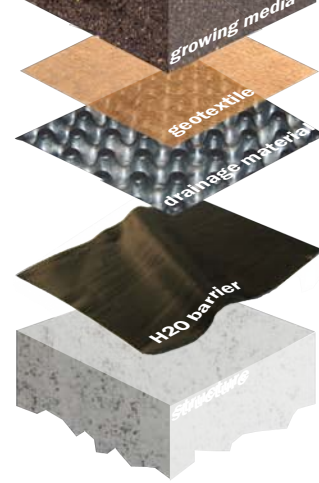
## Semi-Intensive green roof 6-10"



**benefits:** increased: biodiversity options, stormwater management capacity  
**reduced:** heating and cooling costs, heat island effect

**design considerations:** structural loading, reduced impact from predatory birds, exposure, structural loading, irrigation may be necessary

## Intensive green roof >10"



**benefits:** increased: pedestrian access, biodiversity options, stormwater management capacity  
**reduced:** heating and cooling costs, heat island effect

**design considerations:** pedestrian safety, structural loading, plant maintenance, shading from plants, comparatively high irrigation demand

graphics by The Berger Partnership



## Attributes:

**designer(s)/builder(s):** Miller Hull Partnership (Arch.), Weisman Design Group (L.Arch.)

**completed:** 2007

**size:** 480 sq/ft

**cost:** \$8.00 sq/ft for materials, \$2.00 sq/ft installation cost and shipping cost were waived

**type:** extensive green roof

**exposure/slope/aspect:** partially shaded, nearly flat

**plants:** sedum mix

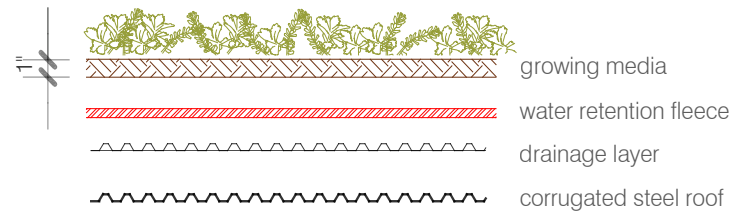
**irrigation:** temporary soaker hose has been used occasionally

**growing media:** Xero Flor sedum mat

**products/layers:** Xero Flor 301 System

**maintenance:** none (to date, 8/20/07)

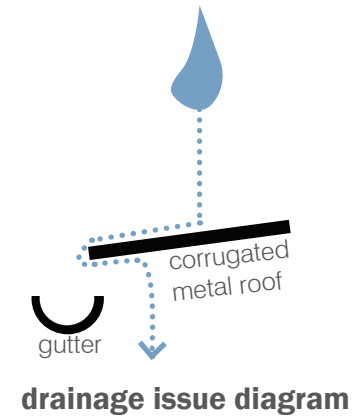
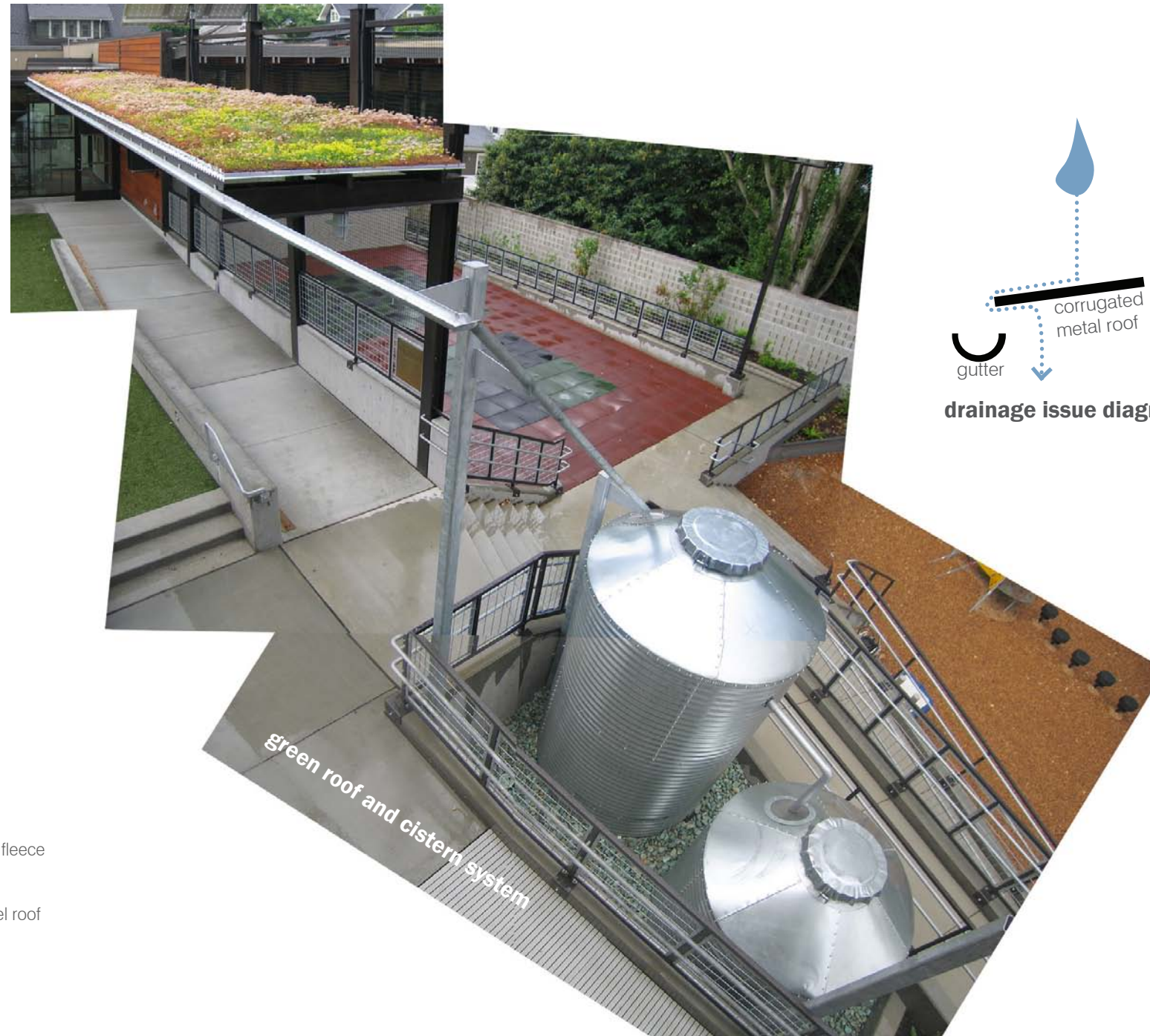
**features:** the green roof runoff is directed to a cistern system, this Xero Flor system is laid directly onto the corrugated metal roof, with no root protection layer or waterproof membrane



## Lessons Learned:

(1) The gutter for the green roof is set away

from the green roof. This results in at least 50% of the water being lost as indicated in the **drainage issue diagram** above. Extra care should be taken to ensure that green roof / cistern drainage systems are adequately connected. (2) This green roof is in a highly visible location at a school which has a stated commitment to sustainable practices, yet it is not accessible. Bertschi school has provided an accessible sample Xero Flor system located at ground level where it can be used as a tool to teach students about green roofs. (3) This green roof covers an otherwise uninsulated walkway. Choosing to place a green roof in an uninsulated environment negates the insulation benefits that green roofs can provide. (4) Using waterproof/resistant materials such as corrugated metal can eliminate the need to have waterproof membranes and root barriers. This results in a simplified green roof.





## Attributes:

**designer(s)/builder(s):** Boxwood Architects, Teufel Nursery, Sika Sarnafil (green roof company)

**completed:** 2002

**size:** 3,500 sq/ft

**cost:** \$10 sq/ft

**type:** extensive green roof

**exposure/slope/aspect:** full sun, 10°-15° slopes, north facing, south facing, and west facing (3 roofs).

**plants:** approximately 6 of the following species: *Allium schoenoprasum*, *Delosperma nubigeum*, *D. cooperii*, *Echeveria* sp., *Petrohagia saxifrage*, *Sedum floriferum*, *S. album*, *S. sexangulare*, *S. spurium* 'Roseum', *S. pinofolium*, *S. reflexum*, *S. sarmentosum*, *S. boehmii*, *Sempervivum* sp.,

**irrigation:** hand watering

**growing media:** 2.5-3"

**products/layers:** Sarnafil: System 1000

**maintenance:** no weeding, seasonal handwatering, sedum have been cut and spread

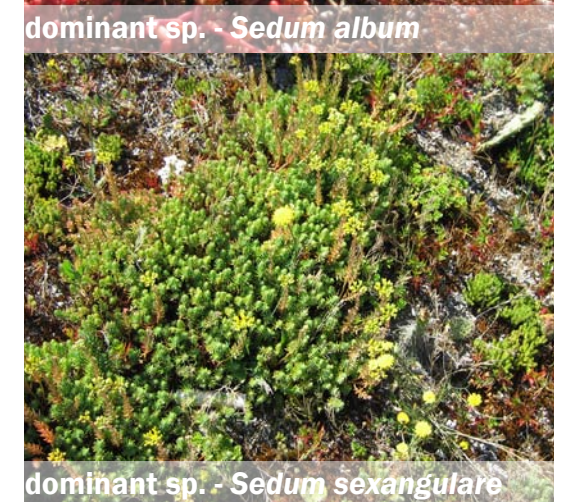
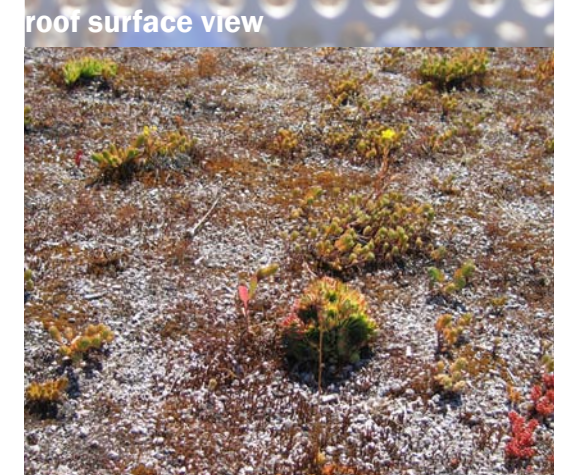
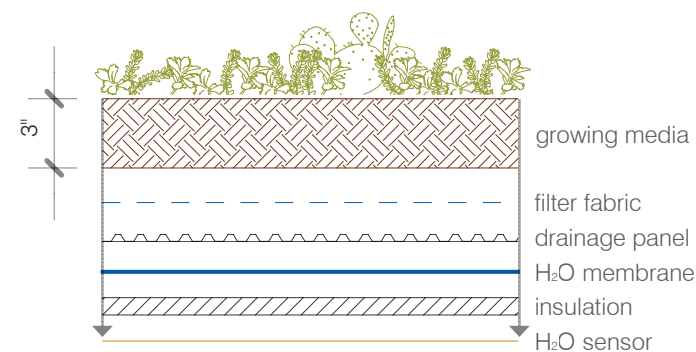
**features:** a sensor system installed beneath the waterproof membrane can detect leaks, 1000 gal. cistern

**notes:** cacti were planted over 1 yr. ago, this green roof required no additional structural work on the building

**observations:** Sedum sp. are the most successful. Cacti are doing well.

## Lessons Learned:

(1) This green roof has attracted much interest. There is no permanent access to the roof. Access to green roofs for educational purposes should be considered. (2) *Sedum album* and *Sedum sexangulare* have performed best. Roof aspect seems to have an effect upon plant performance. The roof that is facing west has shown the best plant performance. (3) The facilities manager, Stan, felt that a more permanent irrigation system would have been useful. (4) A 1000 gal. cistern holds runoff from the roof, but this cistern is not connected to any system for use. The water from the cistern could be used to irrigate the green roofs. (5) The soils have shown some subsidence or loss to erosion. This should be expected in green roof systems. (6) These roofs have relatively few weeds, which may be a result of the thin, dry growing media.





## Attributes:

**designer(s)/builder(s):** Bohlin Cywinski Jackson (Arch.), Swift & Co. (L.Arch.), Rana Habitat & Restoration (Green Roof Consultant)

**completed:** 2005

**size:** 20,500 sq/ft

**cost:** \$20 sq/ft

**type:** extensive green roof

**exposure/slope/aspect:** full sun, concave parabolic, south to north

**plants:** *Achillea tomentosa*, *Armeria maritime*, *Carex inops*, *Eriophyllum lanatum*, *Festuca rubra*, *Festuca idahoensis*, *Phlox subulata*, *Saxifrage cepitosa*, *Sedum oreganum*, *Sedum album*, *Sedum spurium*, *Sisyrinchium*, *Thymus serpyllum*, *Triteleia hyacintha*. 5,400 plants out of 18,450 were *Festuca idahoensis*, these plants have deep fine root systems.

**irrigation:** drip/pop-up irrigation at north (south facing) end only, supplemented with hand watering, in summer 2007 irrigation was added to the south portion of the roof

**growing media:** 4", 45% mineral component, 15% sand, 40% organics

**products/layers:** American Hydrotech: Monolithic Membrane 6125®-EV, Hydroflex® RB, Styrofoam® Insulation, LiteTop® Engineered Soil, coconut fiber mat to prevent erosion

**maintenance:** average of 5 hours per week as of 2007

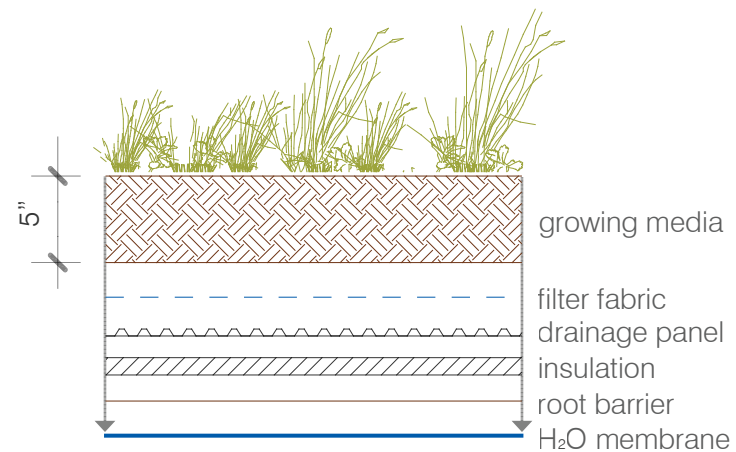
**features:** periscope that can be used to view the roof, viewing room(not public), solar panels, skylights

## Lessons Learned:

(1) It was believed that irrigating only the the north (south facing) portion of the roof would be sufficient and that water would move through the roof by capillary action and gravity. The roof requires hand watering in addition to this system. (2) Upon completion, the roof featured 13 species. Of the original 13, the remaining visible species composition is mainly clumping grasses. Relying upon minimal irrigation and clumping grasses to provide the recommended 100% vegetal cover may not be sufficient. (3) 1/3 of the plants on the roof are *Festuca idahoensis* which has a deep fine root system and has not performed well in the 5" soil profile. Plants should be chosen to match the soil profile and climatic conditions of the roof. (4) The biodegradable coconut fiber, which was installed to prevent erosion, has presented a persistent obstacle to weeding and replanting.

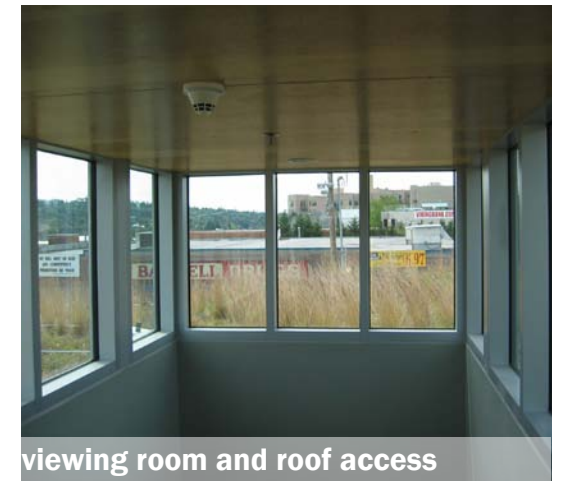


main entrance



plants - 2005

plants - 2007



viewing room and roof access



roof profile



skylight and monitoring equipment



skylights and monitoring equipment



## Attributes:

**designer(s)/builder(s):** SvR Design Company (Civil Eng.), Site Workshop (L.Arch.), Miller Hull Partnership (Arch.)

**completed:** 2005

**size:** 11,500 sq/ft green roof, 225,000 gal. cistern capacity

**cost:** The cisterns & green roofs added 10-15% to the cost of the project. The added cost is offset by money saved on irrigation

**type:** extensive green roof

**exposure/slope/aspect:** partial sun/shade, nearly flat, north

**plants:** *Fragaria chiloensis*, *Arctostaphylos uva-ursi*, *Lavandula angustifolia*, *Lychnis coronaria*, *Malva sylvestris*, *Euphorbia* sp., *Sedum spathulifolium*, *Clarkia* sp., *Sisyrinchium* sp., *Sidalcea*, *Gilia* sp., *Pentstemon* sp., *Lasthenia* sp. *Festuca ovina*, *Carex* sp.

**irrigation:** drip irrigation for 2-3 yr. establishment period

**growing media:** 6" proprietary soil mix

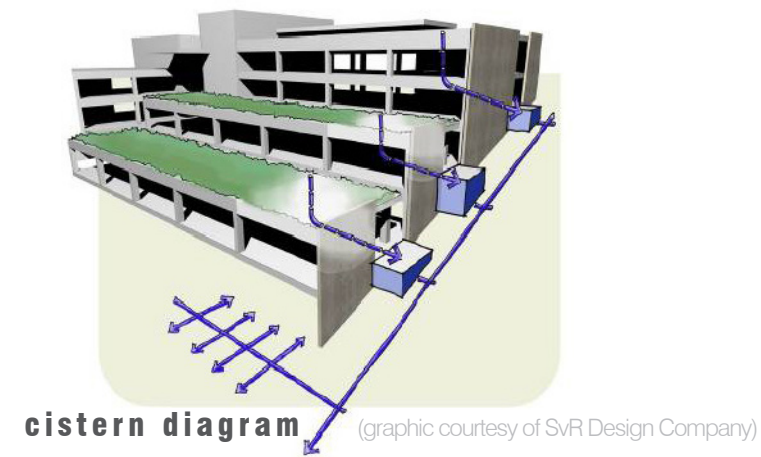
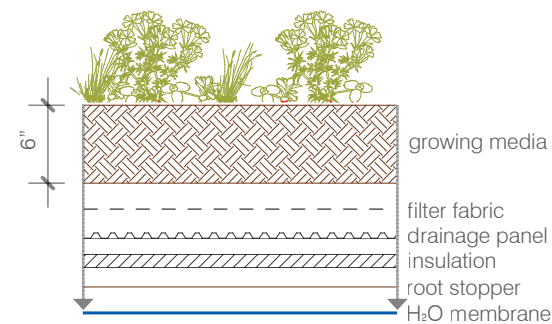
**products/layers:** American Hydrotech

**maintenance:** unknown

**features:** Conventional and green roof runoff is captured in cisterns and used for irrigation. Overflow from the cisterns is directed through the landscape to a rain garden (refer to **cistern diagram**). The water captured in the cisterns will lower demand on municipal supplies by 270,000 gallons or about 50% of the irrigation need. After the landscape is established, the cisterns will satisfy 100% of the irrigation need. The cisterns function as part of the foundation of the building which helped to integrating costs and reduce the budget. Each of the 4 green roofs feature an accessible deck.

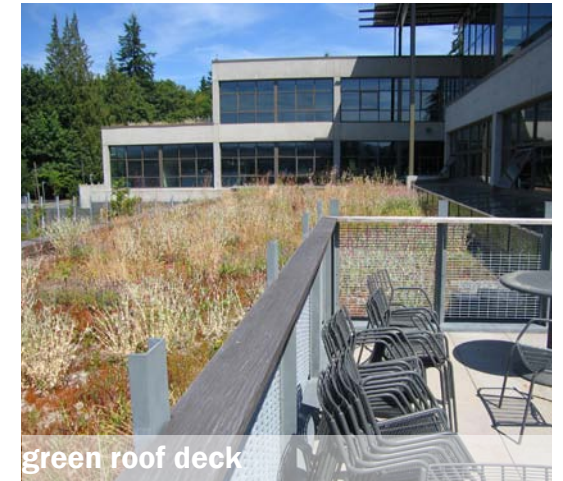


view from green roof deck facing northwest



cistern diagram (graphic courtesy of SvR Design Company)

**Lessons Learned:** (1) The cisterns were sized to the amount of water the landscape would need once established. Sizing cisterns based upon future water needs means that the cisterns will not be too large or too small. (2) The cisterns were integrated into the building structure. This resulted in lower costs as compared to cisterns which are separate from structures. (3) Coordinating green roofs with small decks results in spacious, open, outdoor space above ground level. Access to the green roof also contributes to educational opportunities. (4) This roof had a significant quantity of weeds, this may be due to the thick growing profile which is capable of supporting greater diversity than a thin roof.



green roof deck



green roof weeds



green roof edge condition



cistern overflow and conveyance system



# Attributes:

**designer(s)/builder(s):** Mithun(Arch.)

**completed:** 2005

**size:** 8,000 sq/ft

**cost:** \$30 sq/ft

**type:** extensive green roof

**exposure/slope/aspect:** full sun, convex parabolic, south to north

**plants:** *Gaultheria shallon*, *Polystichum munitum*, *Arctostaphylos uva-ursi*, *Allium cernuum*, *Sisyrinchium douglasii*, *Lupinus polyphyllus*, *Fragaria chiloensis*.

1000 plants were replanted 1.5 years after planting due to failure and bird predation. *Allium cernuum*, *Fragaria chiloensis* and *Arctostaphylos uva-ursi* are performing best, *Lupinus* sp. seeded all over and had varying success

**irrigation:** hand watering only, 6 impact heads were installed in 2007 to make watering more efficient

**media:** 6", 65% pumice, 25% yard waste compost, 10% sand

**products/layers:** Coconut fiber mesh, Tremco/Permaquick- PQ 6100 PERMA-GREEN roofing systems™

**maintenance:** comparable to a forested area of similar size and makeup on the ground.

**features:** designed to look like PNW forest floor

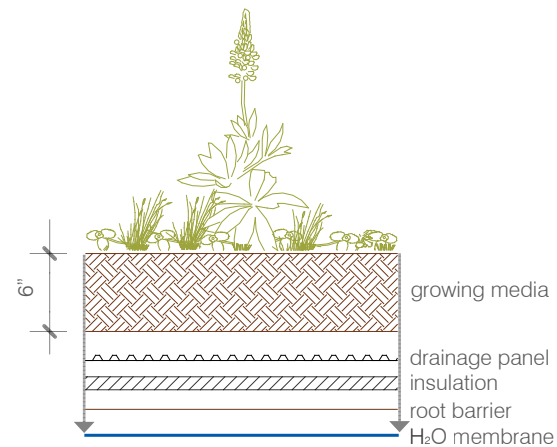
## Lessons Learned:

(1) The roof is planted with PNW natives. These plants perform similarly to native plants, except they go into summer dormancy a couple weeks earlier

(D. Selk 2007). (2) The self-seeding *Lupinus* sp. has been successful at colonizing the roof and has not required replanting. Self seeding/replicating species may be well suited to providing 100% vegetal cover. (3) Hand watering has proven to be inefficient, and ineffective in saturating the soil (M. Martin 2007). In the PNW, where we can expect summer drought conditions, irrigation should be included. (4) A coconut fiber mesh was used to prevent wind and water erosion, inhibit weed growth and retain moisture. The coconut fiber mesh was effective at reducing erosion and inhibiting weed growth. However, the mesh may have contributed to summer drought conditions on the roof. Much of the water from the sprinklers was absorbed by the coconut fiber mesh and then evaporated without ever reaching the soil (M. Martin 2007).



roof profile



irrigation system

image courtesy of M. Martin



Lupinus sp.

image courtesy of M. Martin



Lupinus sp.

image courtesy of M. Martin



coconut mesh

image courtesy of M. Martin



gap in coconut mesh (filled with green)

image courtesy of M. Martin



# Extensive Green Roofs:

**built:**  
Merrill Hall  
Clinton Beach  
Medina Residence

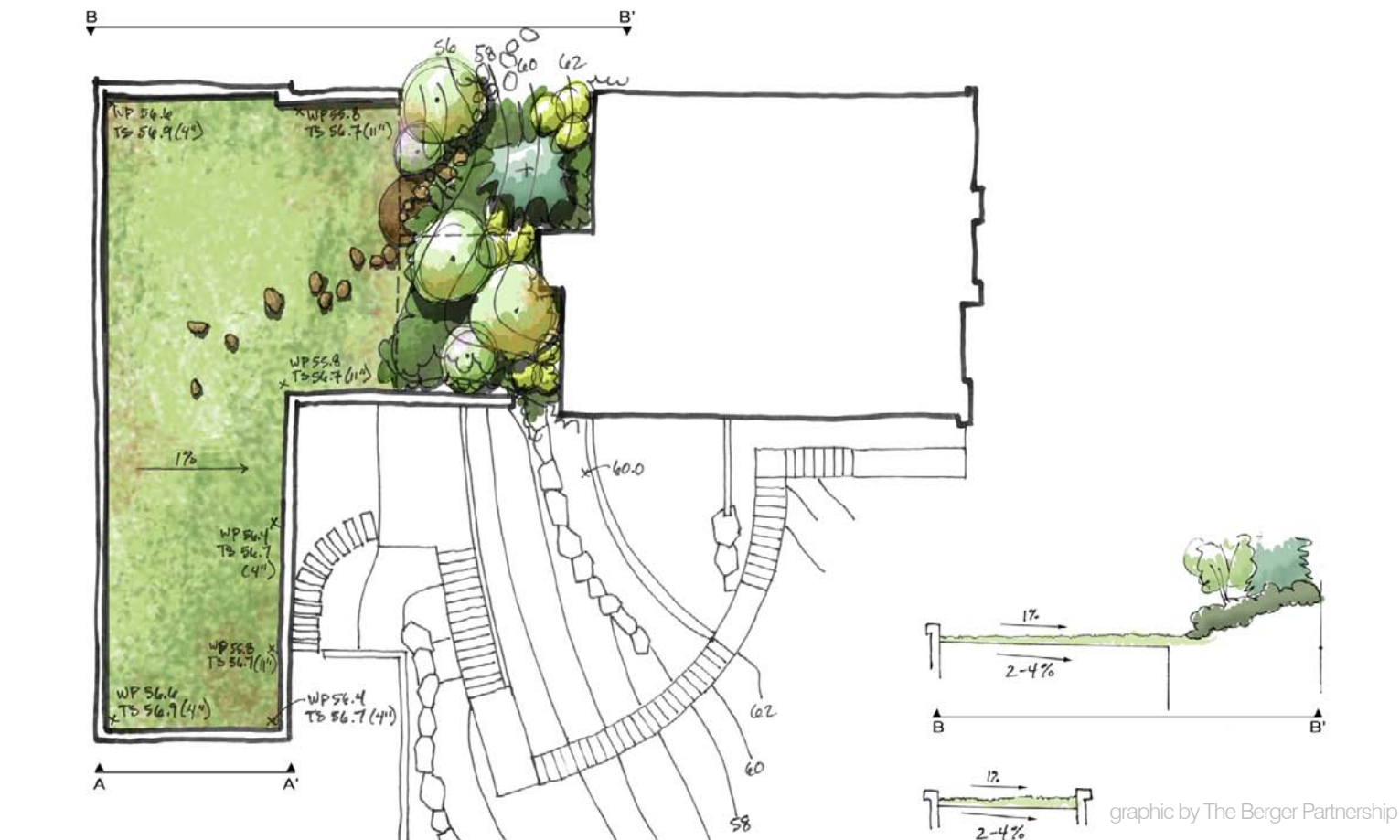
**in design/designed:**  
Colman Center  
Stansbury Residence  
Smith Residence  
SU Lemieux Library  
WWU Miller Hall  
Whitman Sherwood Center  
Lam Residence  
Camp Fire Site

**designed but not used:**  
Tacoma Police Station  
Magnusson Park Restrooms & Pavilion

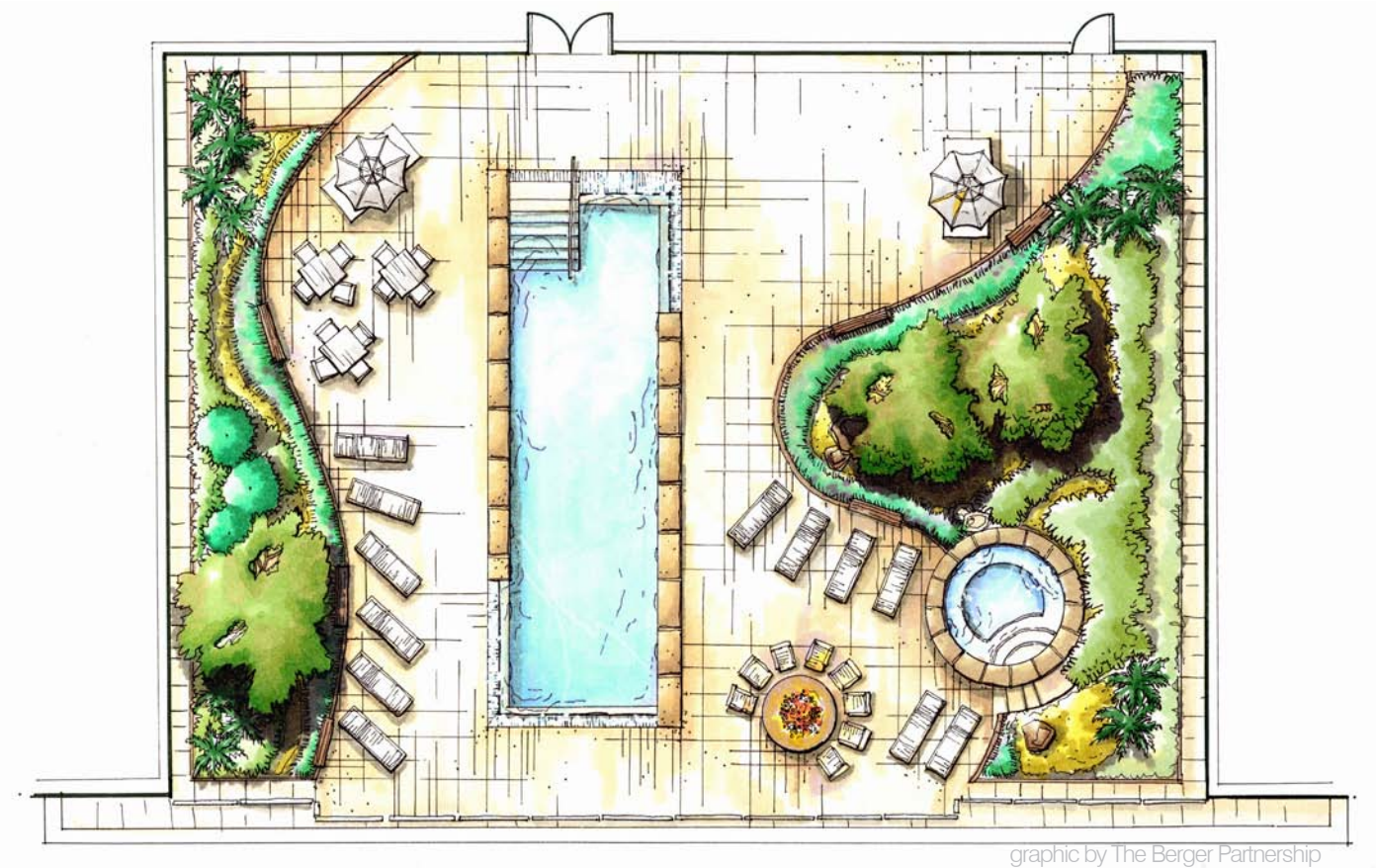
# Intensive Green Roofs:

**built:**  
Sunshine Project  
Juanita Village  
One and Two Union Squares  
Cal Anderson Park  
1700 7th  
The Bristol Apartments  
NG Commons  
333 Elliot

**in design/designed:**  
Colman Center  
Boylston II  
40th and Stone Way  
Four Seasons Hotel  
1 Hotel and Residences  
5th and Yesler  
635 Elliot  
2201 9th Avenue



Smith Residence



Four Seasons Hotel



Clinton Beach



Merrill Hall



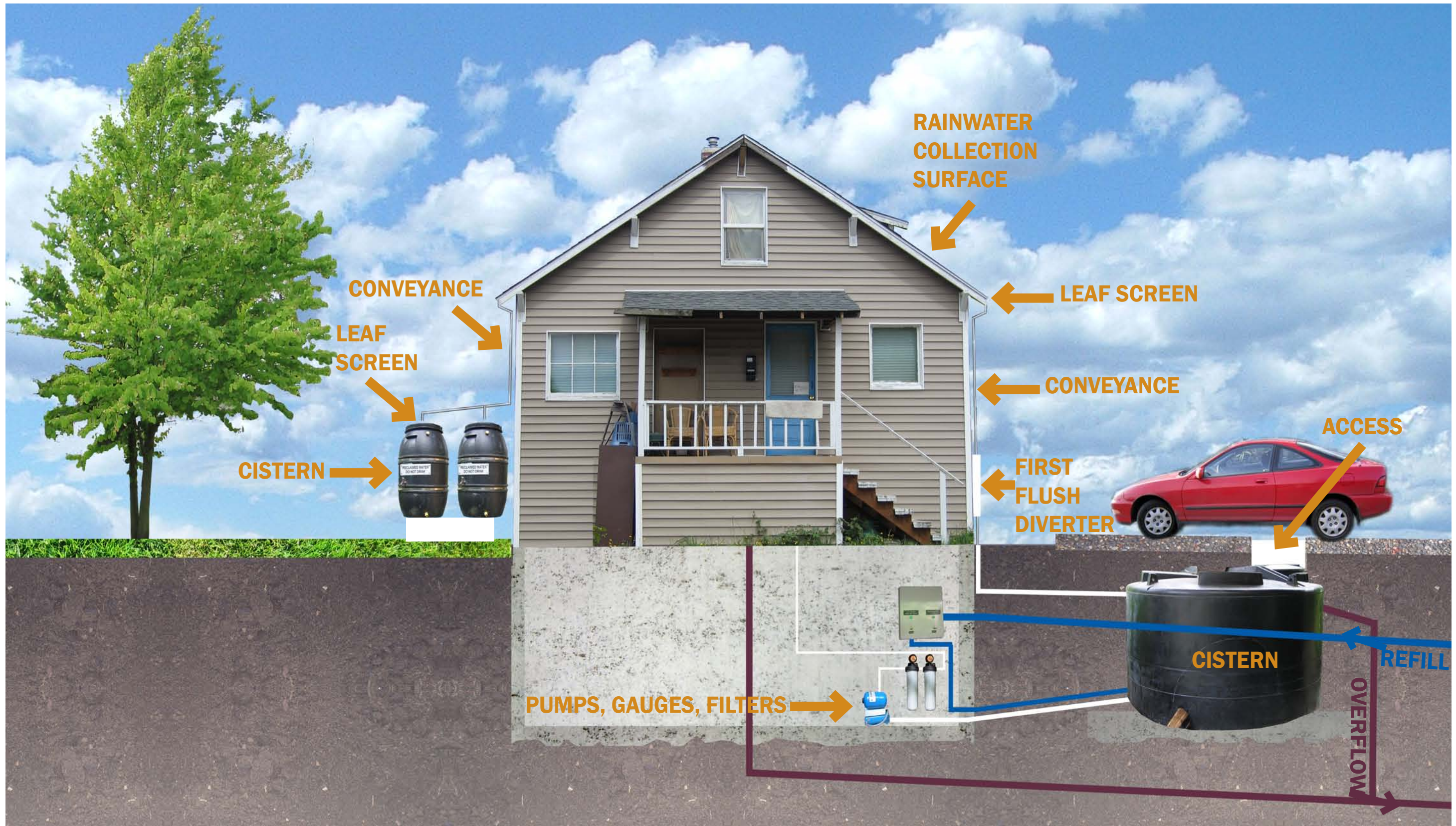
Sunshine Project



Medina Residence

green roof





graphic by The Berger Partnership

Rainwater Collection Surface ➡ Leaf Screen ➡ Conveyance ➡ First Flush Diverter ➡ Cistern ➡ Pumps, Gauges, Filters



## Attributes:

**designer(s)/builder(s):** Selkirk Miller  
Hayashi Architects, Seattle Parks and Recreation,  
Herrera Environmental Consultants

**completed:** 2003

**system legend:**

- 1 metal roof
- 2 gutter/downspout
- 3 leaf/debris catcher
- 4 3,500 gal. polyethylene cistern
- 5 1 horsepower (10 amp.) pump
- 6 20 and 5 micron filters remove chlorine, turbidity, cysts
- 7 germicidal UV lamp kills bacteria, viruses, and microorganisms
- 8 rainwater re-use meter showing gal. of rainwater used since commissioning
- 9 rainwater is used for toilet flushing and potentially for irrigation
- 10 rainwater is cycled through this recirculation loop on a daily basis to ensure quality

## Lesson Learned:

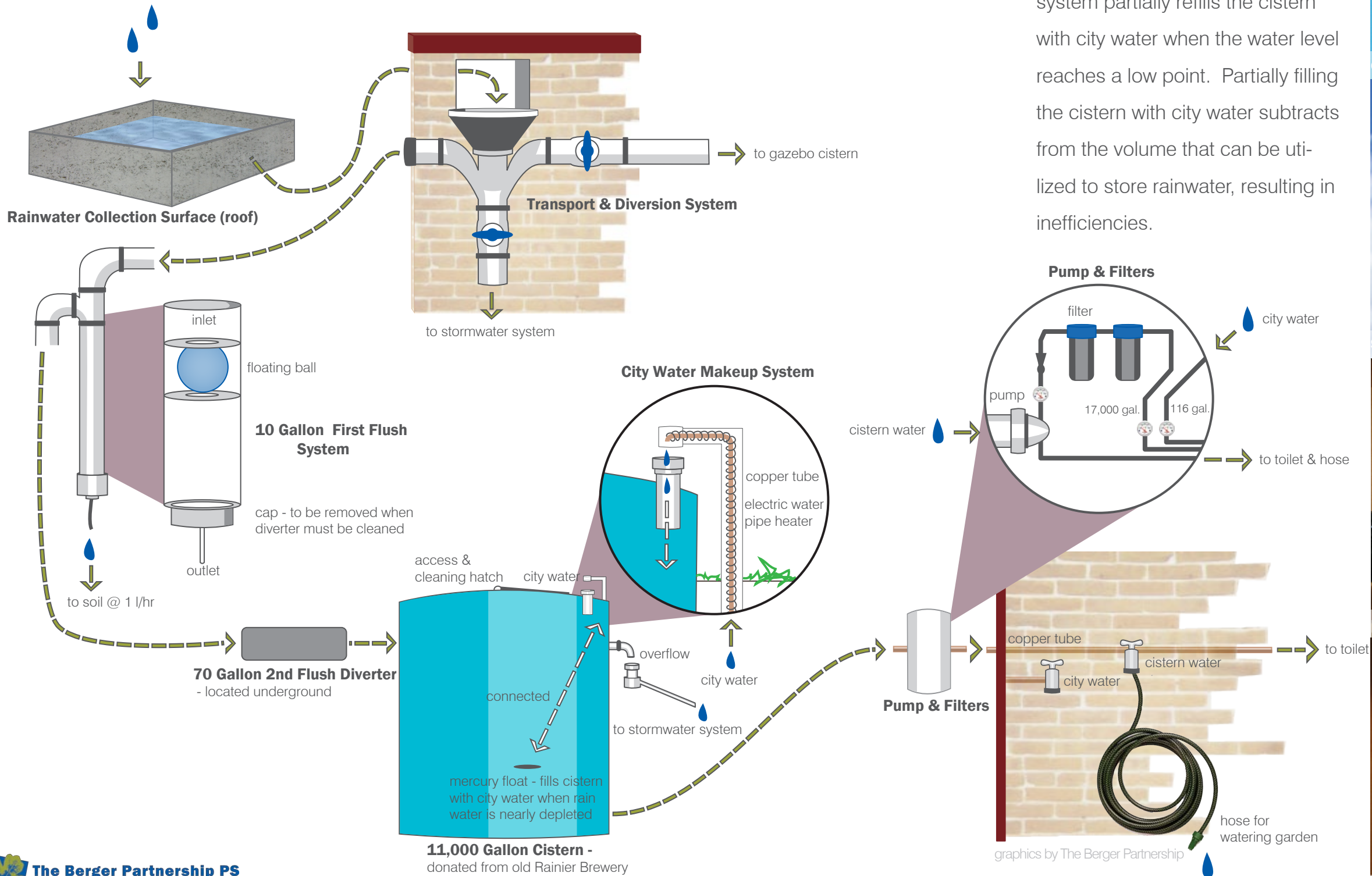
Health Department uncertainty regarding water quality resulted in the recirculation loop (10). The recirculation system is now believed to be unnecessary.





Attributes:

designer(s)/builder(s): Cascade People's Center, M. Luksan  
completed: 2006  
system cost: \$25,000. The cistern was donated. Design and construction was performed by volunteers.



Lessons Learned:

(1) This system has two first flush diverters. First flush diverters may not be necessary in the PNW due to frequent rain events. (2) This system partially refills the cistern with city water when the water level reaches a low point. Partially filling the cistern with city water subtracts from the volume that can be utilized to store rainwater, resulting in inefficiencies.



cistern top and access hatch



stormwater diverter



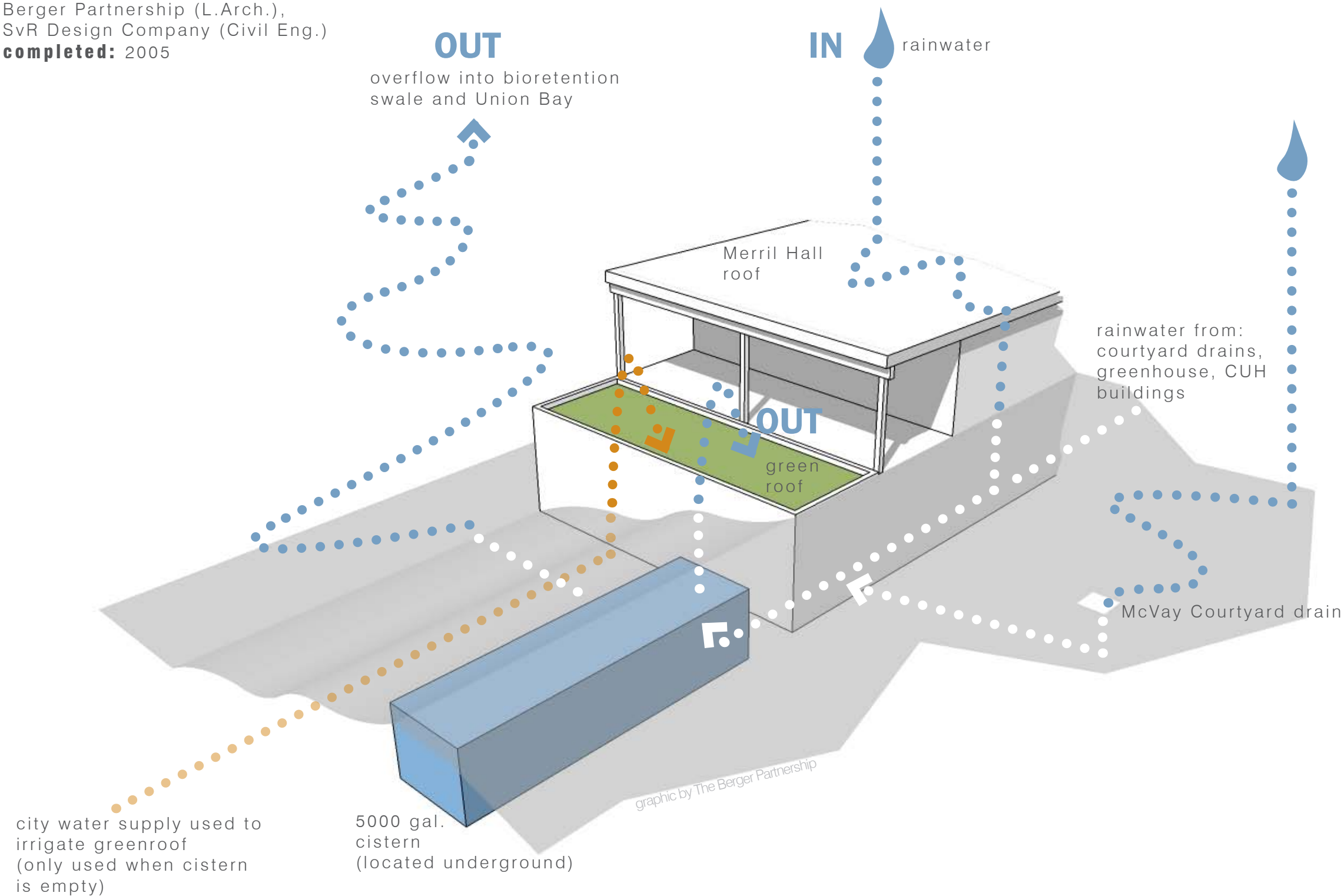
pump, filters, gauges



cistern water (left) city water (right)



**Attributes:**  
**designer(s)/builder(s):** Miller-Hull Partnership (Arch.), The Berger Partnership (L.Arch.), SvR Design Company (Civil Eng.)  
**completed:** 2005



cistern

**CASE STUDY: Merrill Hall**  
3501 NE 41st Street . Seattle, WA 98105



# Rainwater Harvesting:

**built:**  
Merrill Hall  
Terrace Park K-8  
Islandwood  
Bayview Center  
Barret Residence  
Mullin Residence

**in design/designed/designed but not used:**  
Cedarhurst Elementary  
SU Lemieux Library  
WWU Miller Hall  
Whitman Sherwood Center  
Camp Fire Site  
Bainbridge Island Residence  
Medina Residence  
Murray Residence



Cedarhurst Elem. cistern construction



Cistern Concept



Islandwood rainwater conveyance system



Rainwater Harvesting Pond



Islandwood cistern system



## Attributes:

**designer(s)/builder(s):** Runberg Architecture Group, SvR Design Company (L.Arch. & Civil Eng.)

**completed:** 2005

**plants:** grasses, dogwood

**irrigation:** drip irrigation

**media:** loamy sand, 3/4" - 1-1/2"  
pea gravel

**maintenance:** minimal

water arrives via  
downspout directly  
from the roof

overflow

round rock used  
as splash block

loamy sand  
min. depth of 18"

3/4" to 1 1/2"  
pea gravel  
min. depth of 12"

perforated pipe  
to collect and drain  
filtered, infiltrated  
stormwater

18" min

12" min

graphic by The Berger Partnership



stormwater storage area  
(from top of overflow to  
bottom of planter)



stormwater planter

**CASE STUDY: Denny Park Apartments**  
230 8th Ave North · Seattle, WA 98109

## Lessons Learned:

(1) This stormwater planter has received little to no maintenance; there are *Acer macrophyllum* weed seedlings that are nearly 1 story tall. Stormwater planters will require maintenance similar to landscape plantings. (2) Stormwater planters can be used as stormwater detention facilities. As water filters through the detention system, the additional benefit of pollutant reduction is achieved. (3) Many plants in this stormwater planter are not performing well or have already died. An irrigation system is installed but not used. Stormwater planters may require irrigation during the summer months. (3) The dogwood sp. has performed very well in the absence of irrigation. This plant may be well suited to stormwater planters in Seattle.



# Attributes:

**designer(s)/builder(s):** Mithun (Arch.), The Berger Partnership (L.Arch.), 2020 Engineering (System Engineering), RAFN (Contractor)

**completed:** 2003

**size:** 1,500 sq/ft

**type:** Living Machine™ Generation II

**living machine plants:** hydroponic reactors: *Canna generalis striatus* 'Pretoria', *Zantedeschia aethiopica*, *Cyperus gigantus*, *Hedichium coronarium*, *Calocasia esculenta*, *Colocasia esculenta* "Euchlora", *Alocasia odora*, *Cyperus papyrus*, *Scirpus acutus*, *Salix negra*, *Salix lucida* ssp. *Lasiandra*, *Thalia geniculata* constructed wetland: *Ledum glandulosa*, *Andromeda polifolia*, *Bidens cernua*, *Iris pseudacorus*, *Equisetum telmateia*, *Juncus effusus*, *Glyceria elata*

**non-living machine greenhouse**

**plants:** *Cornus canadensis*, *Oxalis oregana*, *Fragaria* sp., *Vaccinium* sp., *Spirea densifolia*, *Gaultheria shallon*, *Asarum caudatum*, *Mahonia nervosa*, *Polystichum munitum*

**animals:** snails, fish, frogs, microcrustaceans

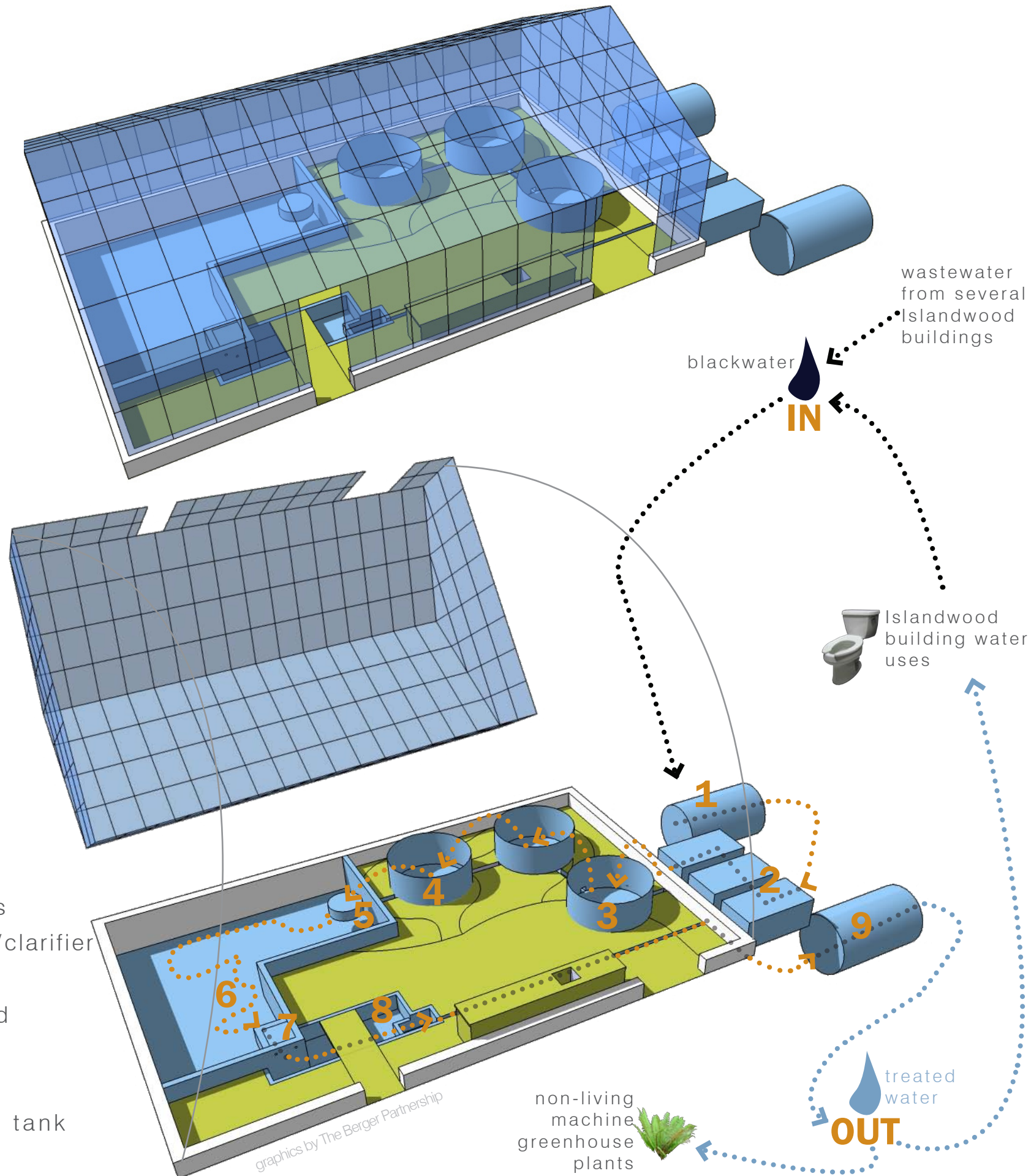
**irrigation:** living machine plants use black water, non-living machine greenhouse plants are irrigated with a drip system using treated water from the living machine

**features:** microscope and lab counter, informational signage, treated water can be used to flush toilets that feed back into the system

**capacity:** can process enough black water to produce 3000 gallons of treated water daily

**system key:**

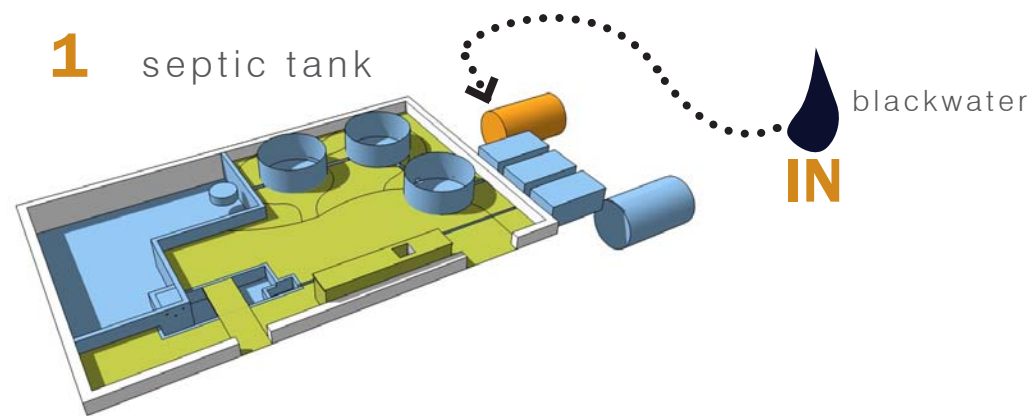
- 1 septic tank
- 2 filter boxes
- 3 hydroponic reactors
- 4 hydroponic reactor/clarifier
- 5 dosing tank
- 6 constructed wetland
- 7 UV treatment
- 8 pond
- 9 clean water holding tank



living machine

**CASE STUDY: Islandwood**  
4450 Blakely Avenue NE · Bainbridge Island, WA 98110



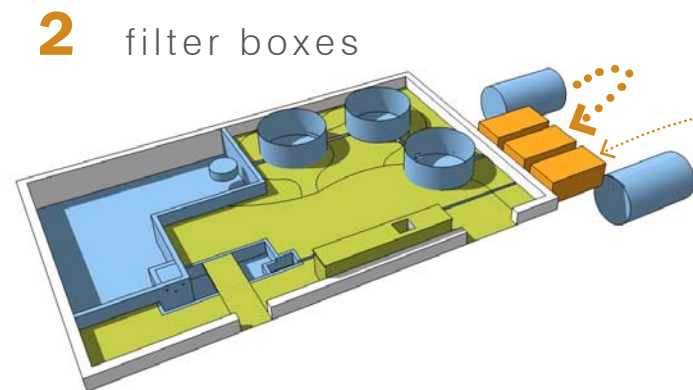


### Attributes:

The septic tank is a closed, anaerobic reactor. The tank takes the form of a typical below ground septic tank. Wastewater resides in the tank while anaerobic bacteria break down solids to prepare them for entering the system. Biochemical oxygen demand (BOD) is lowered in the septic tank. BOD is a measure of how much oxygen organisms use in a body of water. The higher the BOD, the more polluted the water. Biosolids will need to be removed from this tank periodically.

### Purpose:

Acts as a sedimentation basin to reduce concentrations of BOD and solids.

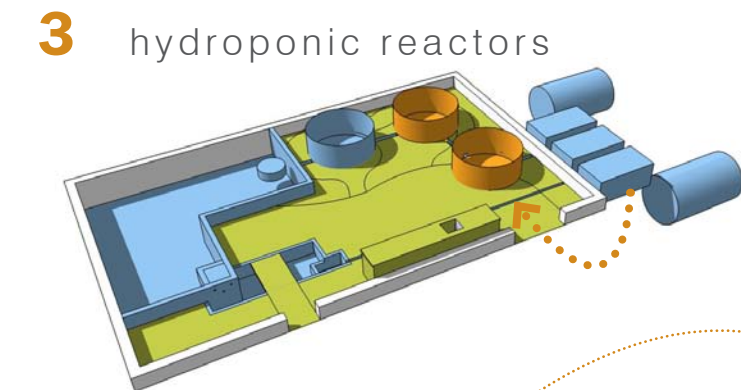


### Attributes:

The filter boxes are closed anaerobic reactors. The boxes are located below ground. Bacteria live in the boxes and begin to break down solids in wastewater and reduce BOD. Biosolids will need to be periodically removed.

### Purpose:

The filter boxes break down biosolids and reduce wastewater odor before wastewater enters the greenhouse.

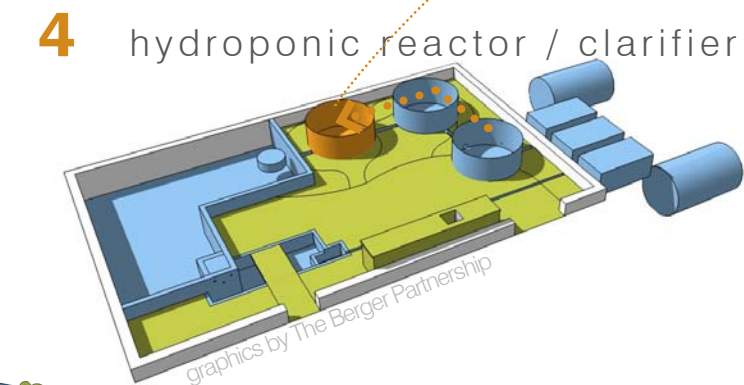


### Attributes:

The two hydroponic reactors are large, cylindrical, liquid and biosolid filled containers that are open to the air. The containers have snails, frogs, plants, microcrustaceans and microorganisms such as denitrifying bacteria and floc forming bacteria. Denitrifying bacteria remove nitrogen from the biosolids and floc forming bacteria remove organic materials. These containers are aerated to promote organic growth. The plants perform three functions: (1) provide surface area for microorganisms to colonize and grow (2) perform nutrient uptake (3) provide habitat for organisms to live on.

### Purpose:

All of the organisms in these reactors live on, and break down organic matter from the wastewater.



### Attributes:

The hydroponic reactor/clarifier has all of the same attributes as the two hydroponic reactors and has wastewater sorting capabilities. Solids that are not processed enough to enter the constructed wetland are routed back to the filter boxes. Wastewater which has been treated sufficiently to enter the constructed wetland is pumped to the dosing tank.

### Purpose:

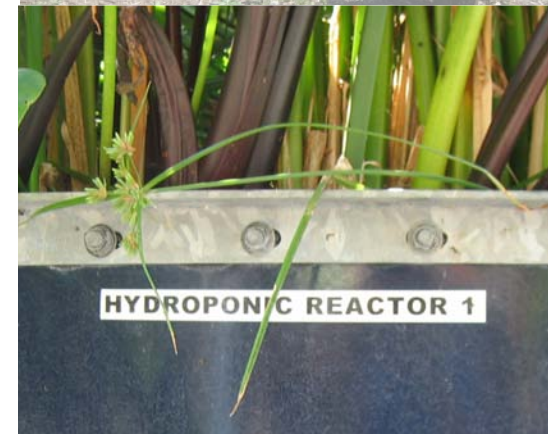
To ensure that wastewater has been treated adequately prior to entering the constructed wetland.



septic tank lid



filter box lids



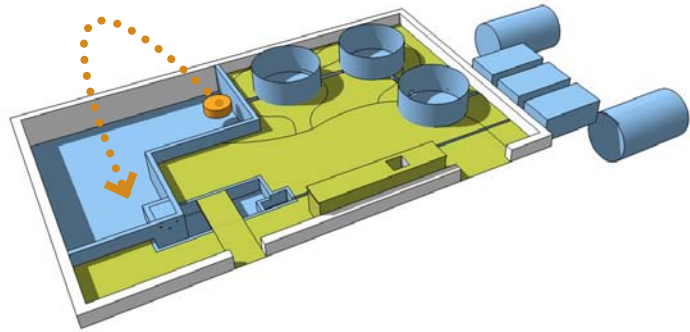
hydroponic reactor



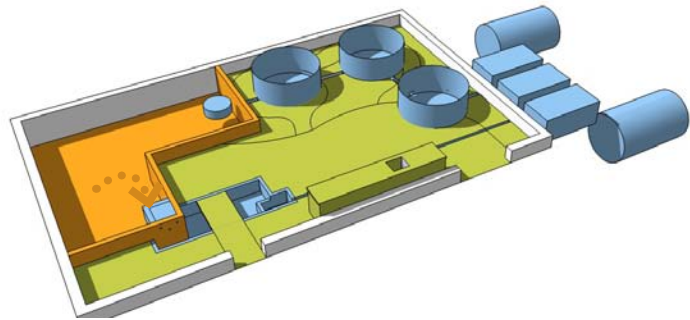
hydroponic reactor / clarifier



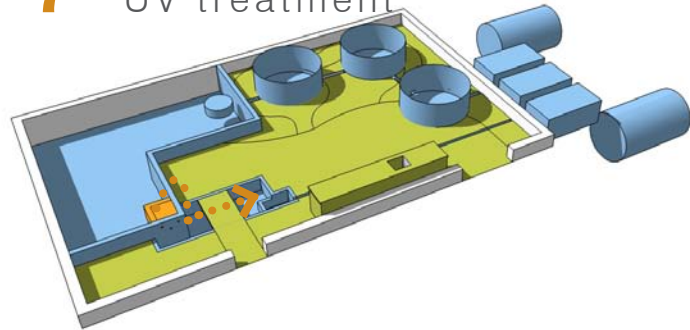
## 5 dosing tank



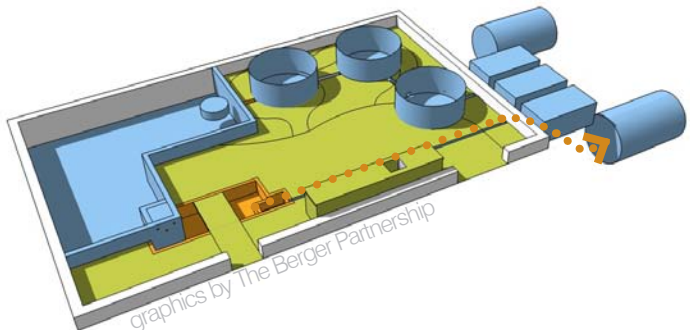
## 6 constructed wetland



## 7 UV treatment



## 8 pond



### Attributes:

The dosing tank is a small reservoir that periodically flushes measured quantities of wastewater into the wetland.

### Purpose:

To regulate the timing and volume of wastewater entering the wetland.

### Attributes:

The constructed wetland has a pea gravel media which functions as a filter. Wastewater is circulated through the wetland. The wetland has plants, snails, frogs and microorganisms that break down organic matter. The pea gravel/wastewater wetland is periodically aerated. The aeration is intended to fluidize the biosolids which are trapped at various levels in the media. The biosolids are then removed from the top of the media.

### Purpose:

The constructed wetland acts as a coarse downflow filter, trapping waste as gravity pulls wastewater through the media. Water leaving this element is suitable for discharge to surface waters.

### Attributes:

Water from the wetland is subjected to Ultra-violet (UV) treatment for the remaining bacteria in the water.

### Purpose:

To ensure water quality.

### Attributes:

The pond has plants and fish. The water is clear.

### Purpose:

To allow visitors and students to interact with the treated water and show the quality of the water that is produced as an end product.



dosing tank



constructed wetland



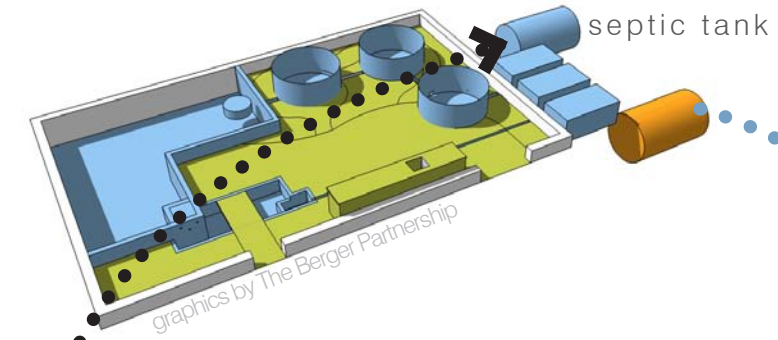
UV treatment



pond



## 9 clean water holding tank

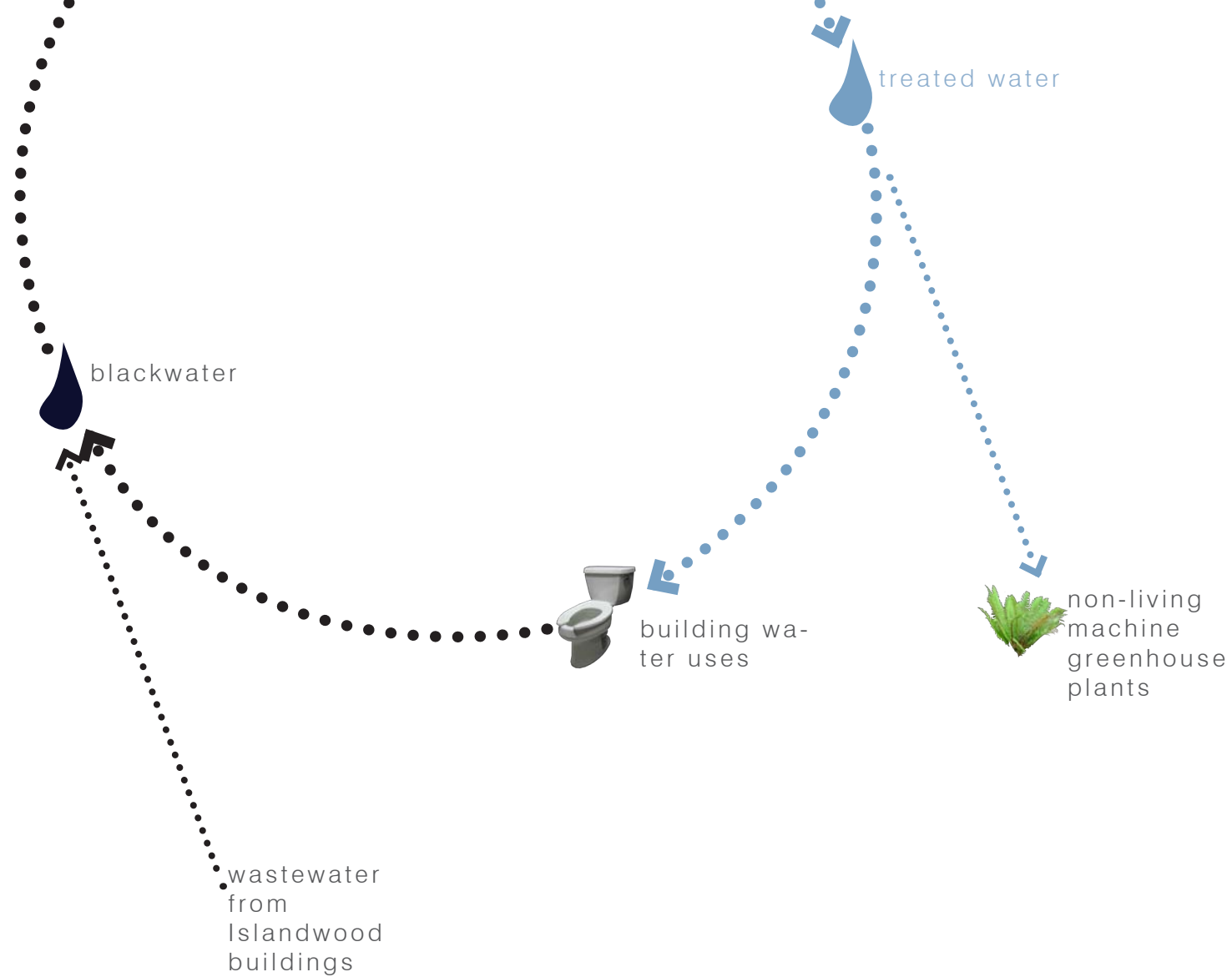


### Attributes:

This tank is located below ground. Water exiting the living machine is stored here. The water can be used to flush toilets and for irrigation of plants in the living machine greenhouse, which are not part of the wastewater treatment process.

### Purpose:

To store water to be recycled back into the system.



living machine